



**HAMMOCKS - KITS - FRAMES - ACCESSORIES**

Quick Reference Guide

## **Superior Quality**

Manufactured with colour fast dyes and extra dense woven fabric for superior strength, comfort and longevity.

## **Contemporary Designs**

Designed in Australia with modern patterns and colours to suit all backyards.

## **Superior Functionality**

Reinforced stitching and extra thick cotton ropes for additional weight support.

## **Superior Comfort**

Hammock sizes are larger than traditional hammocks for greater comfort.

## **Superior Packaging**

Stand out packaging and storage case for products for improved display and storage.

# PRODUCT RANGE



Conventional Hammocks			
			
Value Single	Noosa Single	Byron Double	Norfolk Family
Double Rod Hammock Kit	Hammock Chair	Hammock Kit	
			
Torquay Double	Hamilton Chair	Double Hammock Kit	Double Rod Hammock Kit
Accessories			
			
Universal Hanging Frame	Hanging Kit	Hammock Spring	Screw Eye & Hammock Hook

## STEP 1. Consider a portable or permanently installed hammock

### Portable Options:

- Hammock Kits
- Universal Frame + Hammock
- Portable Hammock
- Hammocks with Hanging Kit

### Permanent Options:

- Single, Double, Double Rod, Chair or Family hammocks with Hammock hooks and springs

## STEP 2. Decide upon the amount of people that will be using the hammock

**Single Value** - holds 1 person up to 120kg

**Single Noosa** - holds 1 person up to 140kg

**Chair Hamilton** - holds 1 person up to 130kg

**Double Byron & Double Rod Torquay** - holds 1-2 person up to 150kg

**Family Norfolk** - holds 2-2.5 people up to 170kg

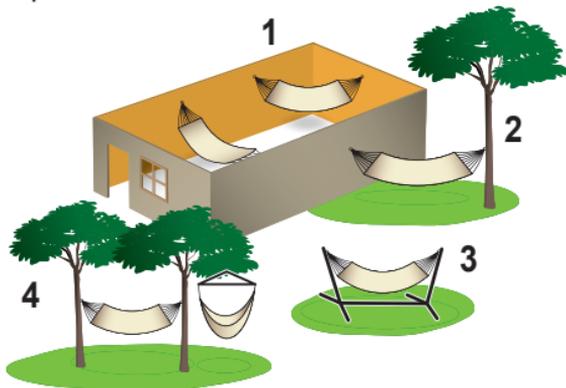
## STEP 3. Determine the required accessories

<b>Hammock hanging kit</b>	Ideal for hanging any hammock between two trees or other fixing posts
<b>Hammock Hook</b>	Ideal for the permanent mounting of any hammock between two fixing points
<b>Hammock Spring</b>	Ideal for providing additional comfort and shock absorption when installing your hammock

# WHERE TO FIX MY HAMMOCK?



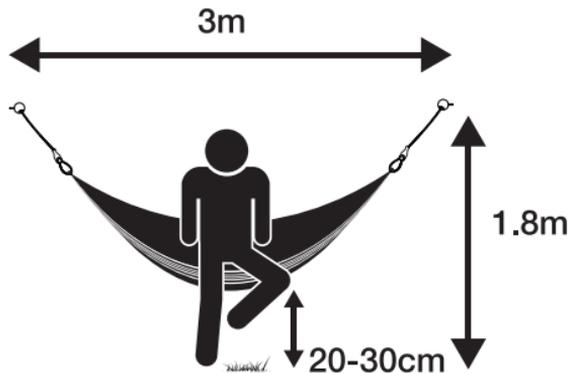
There are various ways to install your Two Trees hammock both indoors and outdoors. The below image shows some of our favourite options:



1. Hung inside from corner to corner wall or on adjacent walls.
2. Setup between two fixing points.
3. Hung on a Two Trees frame. Portable and easy to setup.
4. Hung between two trees or posts. Alternatively use the Two Trees Hanging Kit.

## Your Two Trees hammock will require:

1. A minimum of 3 metres between fixing points to get the ideal shape.
2. Fixing points should be around 1.8m off the ground and both hammock hoops should be fixed at the same height.
3. When the hammock is in use it should sit 20-30cm above the ground.
4. Depending on the hammock the angle will vary. Conventional hammocks are hung with a sag.



# HOW DO I USE MY HAMMOCK?



**STEP 1.** Open the fabric in the centre of the hammock, and sit in the middle as you would in a chair.



**STEP 2.** Gently lie back on a diagonal with your head on the edge of the hammock.



**STEP 3.** Bring your feet in and stretch them out, so you are lying on a diagonal. This is the traditional way to relax in a conventional hammock.



**STEP 4.** For maximum comfort in rod hammocks, lie lengthways rather than diagonal.



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